



These CME activities meet the requirements for the Healthy Benefits program for physicians and dentists:

**Upcoming CME Activity – Register to attend at [imehealthpartners.com](http://imehealthpartners.com) or contact 952-883-6225**

Activity: **28th Annual Strategies in Primary Care Medicine** . . . . . Date: September 23-24, 2010

Presentation: Self Care for Health Professionals

CME Hours: 0.75

Presentation: Optimal Lifestyle for Optimal Health

CME Hours: 0.75

Presentation: Depression: Assessing the Efficacy of Current Treatments

CME Hours: 0.75

Presentation: Healthy Kitchens

CME Hours: 0.75



**Past CME Activities – If you attended one of these activities, contact your representative to report**

Activity: **Managing Life Limiting Illness and End of Life Care Training** . . . . Date: May 18 and 20, 2010

Presentation: Professional Caring: How to Survive Being a Health Care Professional in Stressful Times

CME Hours: 1.0

Activity: **24th Annual Family Medicine Today** . . . . . Date: March 11-12, 2010

Presentation: Interventional Nutrition in Primary Care

CME Hours: 0.75

Presentation: Applications of Biofeedback in Mind-Body Medicine

CME Hours: 0.75

Presentation: Biofeedback Lab: Two Biofeedback Techniques You Can Learn Today and Use Tomorrow

CME Hours: 0.75

Presentation: Preventative Cardiology: Past, Present, and Future – Healthy Eating the Way Forward

CME Hours: 0.75

Activity: **Managing Life Limiting Illness and End of Life Care Training** . . . . Date: October 29-30, 2009

Presentation: Professional Caring: How to Survive Being a Health Care Professional in Stressful Times

CME Hours: 1.0

Activity: **The Healthy Kitchen** . . . . . Date: November 4, 2009

Presentation: Ingredients for Delicious and Affordable Meals

CME Hours: 2.0

Activity: **10th Annual Women’s Health Conference** . . . . . Date: November 6, 2009

Presentation: Yoga: It’s Not About the Mat – The Emotional and Physical Benefits

CME Hours: 0.75

Presentation: Stress, Depression and Anxiety in the Mid to Late-Life Woman

CME Hours: 0.75

Presentation: A New Paradigm for Promoting Healthy Body Image, Eating, Fitness and Weight

CME Hours: 0.75

Presentation: Aging, Beauty, and the Human Skeleton

CME Hours: 0.75



**Recorded CME Activity – View online anytime: [imehealthpartners.com](http://imehealthpartners.com)**

Activity: **23rd Annual Family Medicine Today**

Presentation: Balancing Busy Lives: The Impossible Dream?

CME Hours: 1.5

Presentation: The Overload Syndrome and Modern Medicine: Finding Balance in Stormy Seas

CME Hours: 1.0

Presentation: Personality Disorders in Practice: Difficult Patients and Colleagues

CME Hours: 1.5

Presentation: Major Depression in Physicians: The Hidden Epidemic

CME Hours: 1.0